

The OCM Supervision in Coaching and Mentoring Certificate – October 2024

50-hour bespoke short course, accredited by the EMCC with an ESQA (Supervision Quality Award)

Module number	Content	Method
Welcome and Introduction Module 1 1 week from 14/10/24	Course overview, Learning Outcomes and what to expect EMCC Supervision Competence Framework What coaches and mentors want from supervision The way to successful assessment	Online learning platform, known as the “Pathway” Access to resources Purchase the course’s accompanying book
Module 2 3 weeks from 21/10/24 Self-Awareness and Reflective Practice in Supervision	Reflective practice and using a reflective journal The role of the CMS (Coach Mentor Supervisor) in 121 sessions Self-assessment questionnaire on Competences Capture recent experiences of being supervised and /or supervising others Complete a Personal Learning Plan (PLP) Enabling supervisees to develop a habit of reflection	Webinar 1 – Introduction to Supervision Tuesday 5 th November 2024 from 1.30pm to 3pm Pathway activities Begin log of activity Begin Reflective Journal CMS Session 1 of 4
Module 3 4 weeks from 11/11/24 Managing the Supervision Contract and Process	The Global Code of Ethics Self-assessment of ethical practice in supervision Contracting for Supervision Inclusion, Diversity and Equality Unconscious Bias Identifying real clients to supervise during this course	Webinar 2 – Inclusion, Diversity & Equality, and Unconscious Bias in Supervision Tuesday 19 th November 2024 from 9.30am to 11am Pathway activities Update log Reflective Journal Optional wider resources
Module 4 4 weeks from 9/12/24 Relationship Awareness in Supervision	How to prepare clients for supervision Models for Supervision Supervision practice with clients	Pathway activities Update log Reflective Journal CMS Session 2 of 4 Optional wider resources

<p>Module 5 3 weeks from 6/1/25</p> <p>Facilitating Development in Supervision</p>	<p>Record keeping Models for Facilitating Development Challenge and giving feedback as the Supervisor Evaluating movement and shifts in thinking Inviting feedback from clients Supervision practice with clients</p>	<p>Webinar 3 – Group Supervision Wednesday 15th January 2025 from 9.30am to 11am</p> <p>Pathway activities Update log Reflective Journal Optional wider resources</p> <p>Facilitated Group Supervision: Wednesday 22nd January from 2pm to 4pm</p>
<p>Module 6 3 weeks from 27/1/25</p> <p>Providing Support in Supervision</p>	<p>Systems thinking and group dynamics The wellbeing of the client Supervision practice with clients</p>	<p>Webinar 4 – Psychological Insights in Supervision Wednesday 5th February 2025 from 2pm to 3.30pm</p> <p>Pathway activities Update log Reflective Journal Optional wider resources</p>
<p>Module 7 4 weeks from 17/2/25</p> <p>Systemic Awareness in Supervision</p>	<p>The wider systems of which clients are a part Culture and behaviour in organisations Leadership behaviour Models for systems awareness Supervision practice with clients</p>	<p>Pathway activities Update log Reflective Journal Optional wider resources CMS Session 3 of 4</p>
<p>Module 8 3 weeks from 17/3/25</p> <p>Facilitating Group Supervision</p>	<p>The differences and similarities between individual and group supervision Self- assessment questionnaire on Competences (repeated) Models for Group Supervision Evaluating and getting feedback from Group Supervision Care and resilience statement Supervision practice – one group supervision session</p>	<p>Pathway activities Update log Reflective Journal Optional wider resources</p>
<p>Module 9 6 weeks from 7/4/25</p>	<p>An automated questionnaire, which is sent to clients of the candidate’s choice, producing a Feedback Report linked to</p>	<p>Client Feedback Report created</p>

Client Feedback Report	Supervision behaviours and underpinned by the EMCC Supervision Competence Framework	
Module 10 4 weeks from 28/4/25 My Supervision Practice and Promoting Professional Standards	Reflection on Client Feedback Report Planning for ongoing evaluation of Supervision practice Setting out “My Supervision Philosophy and Signature Practice” (a diagram/ visual presentation with accompanying audio) Promoting Professional Standards through conversation in the coaching, mentoring and organisational communities Final reflective statement and ongoing development plan	Pathway activities Update log Reflective Journal Optional wider resources CMS Session 4 of 4
Module 11 1 week from 26/5/25 Assessment and Professional Declaration	The candidate has a simple declaration to confirm. This covers ethics, professional standards, ongoing CPD and accessing Supervision. There is an opportunity to add evidence against each of the core competences. This is totally optional.	
Module 12 Course Evaluation Questionnaire	The candidate is asked to complete two short questionnaires for our internal evaluation purposes; one on their learning experience and one on their Coach Mentor Supervisor	
Module 13 Completion and Certificate	On successful completion of the learning and having demonstrated the required evidence of competences/learning outcomes – the candidate will receive their Certificate	

Whole 50 hours Programme totals:

Practice hours: 19 hours (12 hours unaccompanied, practising as Supervisor to your own clients and a further 7 hours, accompanied in a learning setting during webinars and time with your peers and your personal Coach Mentor Supervisor – not actually with your clients)

Reflection: 13 hours

Theory/Models: 13 hours

Planning time: 5 hours