

## **Programme Overview**

## Coaching Senior Teams – a Senior Practitioner level 50-hour accredited short course 2024/25

Module number	Content	Method
23/9/24 - 30/9/24 1 week Welcome and Introduction Module	<ul> <li>An overview</li> <li>Learning principles</li> <li>What's expected</li> <li>EMCC Team Coaching Standards</li> <li>The human side of being a coach to a senior team</li> <li>The way to successful assessment</li> </ul>	<ul> <li>Online learning platform, known as the "Pathway"</li> <li>Access to resources</li> </ul>
Module 1 30/9/24 - 28/10/24 4 weeks Getting started  Me as a team coach	<ul> <li>Supervision and your OCM coach's role</li> <li>Reflective practice and your reflective journal</li> <li>Introducing Facet 5</li> <li>Self-assessment questionnaire and reflection of existing team coaching practice</li> <li>The coach's values</li> <li>Diversity and Inclusion</li> <li>Development planning</li> <li>Introducing the course forum</li> </ul>	<ul> <li>Pathway and course reading material introduced</li> <li>Online forum (introductions and connecting with course peers)</li> <li>Send reflection of your existing practice to your OCM coach</li> <li>Begin Reflective Journal</li> </ul>
Module 2 28/10/24 - 25/11/24	<ul> <li>Organisations' values</li> <li>Speaking the language of your senior team</li> <li>What Senior Teams want from their coach</li> <li>Selecting a senior team to work with</li> </ul>	<ul> <li>Pathway activities</li> <li>1<sup>st</sup> (of 3) 121 Session with OCM coach</li> </ul>

4 weeks Stakeholders	<ul> <li>Multi-Stakeholder contracting and relationship management</li> <li>Multi-Stakeholder diagnostics</li> </ul>	<ul> <li>5/11/24 Live learning event 1 of 3 (3 stage- pre work, live, ALS) on topic of: Stakeholder Management and Diagnostics (9.30am to 12.30pm)</li> <li>Learning share with peers via online forum</li> <li>Reflective Journal</li> </ul>
Module 3  25/11/24 –  23/12/24  4 weeks  The ELECTRIC team coaching model	<ul> <li>Start coaching your team (this will be 10 hours of practice over the coming months, in total)</li> <li>Using the ELECTRIC coaching model with senior teams</li> <li>Joining a senior team wherever they are at</li> <li>The things coaches might overlook</li> </ul>	<ul> <li>Pathway activities</li> <li>Using The OCM's ELECTRIC model with senior teams - videos</li> <li>Learning share with peers via online forum</li> <li>Reflective Journal</li> </ul>
Module 4  23/12/24 –  3/2/25  6 weeks  Psychometrics, experimentation and the agile coach	<ul> <li>Continue your work with a senior team</li> <li>Your own Facet 5 profile</li> <li>Psychometrics with senior teams</li> <li>The agility of the team coach</li> <li>Courageous coaching</li> <li>Managing the team coaching process</li> <li>Experimentation and adaptability</li> </ul>	<ul> <li>Pathway activities</li> <li>9/1/25 Live learning event 2 of 3 (3 stage- pre work, live, ALS) on topic of: Psychometrics and Experimentation (including Facet 5) 9.30am to 12.30pm</li> <li>Facet 5 profile (already provided with feedback prior to event)</li> <li>Learning share with peers via online forum</li> <li>Reflective Journal</li> </ul>
Module 5 3/2/25 – 3/3/25 4 weeks	<ul> <li>Continue your work with a senior team</li> <li>The wider system</li> <li>Culture and behaviour in organisations</li> </ul>	<ul> <li>Pathway activities</li> <li>2<sup>nd</sup> (of 3) 121 session with an OCM coach</li> <li>Learning share with peers via online forum</li> </ul>



## COACHES MENTORS SUPERVISORS

Systems thinking	Leadership behaviour	Reflective Journal
	<ul> <li>Systems thinking and group dynamics</li> </ul>	10
		10,70
Module 6	<ul> <li>Continue your work with a senior team</li> </ul>	Pathway activities
3/3/25 –	<ul> <li>Partnering with other coaches</li> </ul>	Ethics in coaching- including video
14/4/25	Ethics in coaching	<ul> <li>Learning share with peers via online forum</li> </ul>
5 weeks	<ul> <li>Developing your own team coaching philosophy</li> </ul>	Action learning set (ALS) piece
		Reflective Journal
Working with partner coaches		* 62
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Module 7	<ul> <li>Continue your work with a senior team</li> </ul>	Pathway activities
14/4/25 –	Self-confidence and self esteem	1/5/25 Live learning event 3 of 3 (3 stage- pre work,
12/5/25	Self-assessment questionnaire	live, ALS) on topic of: <b>Self Care and Resilience (9.30am</b>
4 weeks	<ul><li>Resilience</li><li>The wellbeing of the coach</li><li>Handling isolation and conflict</li></ul>	to 12.30pm)
4 WCCR3	The wellbeing of the coach	Learning share with peers via online forum
	Handling isolation and conflict	Reflective Journal
Self-care and	Collaboration	
resilience	The importance of supervision	
	Self-Care and resilience statement	
	:01	
Module 8	Conclude your work with a senior team	Pathway activities
12/5/25 –	<ul> <li>Getting feedback from your senior team</li> </ul>	<ul> <li>Learning share with peers via online forum</li> </ul>
9/6/25	<ul> <li>Repeat of self-assessment questionnaire</li> </ul>	3rd (of 3) 121 session with an OCM coach
5 weeks	Your beliefs and values	Reflective Journal
o weeks	<ul> <li>Team Coaching Model and approaches</li> </ul>	
My team		
coaching		



philosophy and signature practice	Setting out your coaching philosophy and signature practice	
Module 9	ROI and Evaluation     Pathway activities	
9/6/25 – 7/7/25 4 weeks	<ul> <li>Themes from your own evaluation</li> <li>Planning for future evaluation</li> <li>Supervision and reflective practice for the Senior Team</li> <li>Getting feedback from the team- including video</li> <li>Learning share with peers via online forum</li> <li>Reflective Journal</li> </ul>	
Evaluation and supervision	<ul> <li>Coach</li> <li>Simple plan for your ongoing development</li> <li>Preparation for assessment</li> </ul>	
Module 10	All assessment evidence is created during the modules, leaving just the assembly of the items in the Assessment module	
7/7/25 – 11/8/25	Set of questions which cover all 12 EMCC Team Coaching Standards- answered to required level	
Up to 5 weeks	These include the following:	
Assessment	Presentation with audio	
	Diagram/methodology of own coaching philosophy	
	Evaluation/testimonials from clients and sponsors	
	Final reflective statement and ongoing development plan	